

Self Advocates United as 1

Are you person with disabilities?

Are you over the age of 17?

Do you want to help change our world to better include people with disabilities?

Do you live in Pennsylvania?

WE NEED YOU!



The late and great Carolyn Morgan, founder and Vice President who dedicated her life to the fight for rights for all people.

Learn how **YOU** can become an

SAU1 Board Member!

SAU1's Mission:

Our Mission is to Support the Self Advocacy of People with Disabilities for Positive Impact in Our Communities and in People's Lives.

It is important to me to be a self advocate because I can empower myself and others with disabilities to make their needs and wants known and to have a voice just like everyone else. My favorite thing about SAU1 is that the staff and board members are genuinely passionate about making sure that self advocates' voices are heard; and not only heard, but their wishes and ideas carried out the best way possible.



- Alexa Brill, SAU1 Board President

SAU1's Beliefs:

- People with disabilities have the right to live full lives the way they want.
- People with disabilities should be the main voice in decisions about their own lives.
- "Knowledge is Power" - people have the right to learn and know about things important to their lives.
- People with disabilities must have voice in all parts of community life.
- Our work will not stop until all people have everyday lives just like everyone else.



Oscar Drummond, SAU1 Founder, Past President, and now Lead Ambassador, proudly displays SAU1's Community Advocacy Award from Temple University's Institute on Disabilities



Board Membership



SAU1 Board members and staff with Deputy Secretary Kristin Ahrens at the SAU1 Board meeting in 2022.

SAU1 Board members are volunteers.

Every Board member starts as "Shadow" who

- takes part in all Board calls and meetings,
- shares their opinion, ideas, and views, and
- learns from and teaches others about being on a Board

Shadow time is a way for a person to get to know SAU1 and for the Board to get to know them.

Shadow members may be elected to the Board after a few months, when the person and the Board think it is a good match.

Full Board members vote on important things for SAU1.

Relatives of SAU1 staff cannot be board members.

What is a Board meeting like?

Our board meets almost every week.

We meet over google meet.

Some join by computer and some by phone.

We follow our ground rules:

- Take Care of yourself.
- Show respect for others.
- All questions are good.



Board Advisor Tom Hassell

During our meetings we

- Introduce ourselves
- Share who we talked to about SAU1
- Talk about the work our staff is doing
- Learn about being a Board member
- Talk about the money and budget
- May have a guest, like the Deputy Secretary of the Office of Developmental Programs.

Board Members vote on important things.

Who does SAU1's work?

SAU1 staff are people with disabilities and allies from all over the state.

Self advocate staff share information to educate people and to support self advocacy in people's communities and lives.

Other staff do all of the other important work that keeps SAU1 following its mission.



SAU1 Ambassador John Knorr, who bravely spoke up at a hearing and shared his experience of neglect and abuse while being kept at an institution for over 30 years. John's work helped close Polk Center and free the people being kept there.

SAU1 Board Members say

I contribute to SAU1 and to the state of PA

I can better learn and use self advocacy

I volunteer for a good thing

I bring new ideas to the table

I meet and get to know other self advocates

I make a difference in the lives of people with disabilities

I learn about other parts of the disability community and systems

I help make sure people get important information in the way that works for them.

I like how the SAU1 staff and Board really listen to everyone.

I learn how to be a Board member.



To the left:
Past President Laura Bale.
Top to bottom right:
Board Members
Kathleen Prosperi,
Thalia Dafermos,
David Perry and Lori
McFarland

Contact us!

Contact Alexa or Kaye today if you are interested in learning more about the Board!

Email: AlexaLBrill@gmail.com or
k@sau1.org
or call [724 588 2378](tel:7245882378)

More ways to connect with SAU1!



Website

Email

Phone

Mail

SAU1

PO Box 297

Meadville PA 16335

Facebook—Instagram—TikTok