



Let's Speak Up! and Let's Get to Work!

People with disabilities and allies are invited to join us
for conversation and a **free meal!**

Reserve your place by June 7! Seats are limited!

Call Regina at 724-456-1460 OR email regina@sau1.org

Tell Regina the day and place that works best for you.

Tuesday June 13, 3:30 to 7:30 pm at Hoss's Steak and Seafood
2432 PA-257, Cranberry, PA 16319

OR

Wednesday June 14, 3:30 to 7:30 pm, Hoss's Steak and Seafood
18817 Smock Hwy, Meadville, PA 16335

Let's talk about:

Self Advocacy

Self Advocates and Advocates
Everyone's Rights



After we eat, let's talk about:

Getting ready to work

Looking for and finding a job

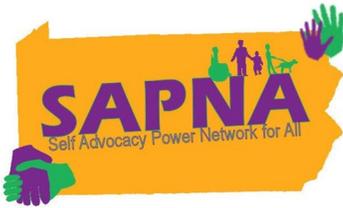
Applying and Interviewing

Supports and accommodations

Keeping your benefits

Who can help

When we learn new things, we are powerful!



Meet Power Coach Sam “the Man” Maxwell

Sam has been involved with SAU1 for about 10 years now. He started back when it was under the umbrella of Vision for Equality. He came back when SAU1 staff called him one day asking him if he wanted a job doing office work, which led him to be a power coach as well.

Right now Sam has a couple of jobs with SAU1. He does office work like laminating, shredding and other tasks at the Greenville office. He is also a power coach for the Self Advocacy Power Network for All (SAPNA) which is managed by SAU1. Sam travels to our meetings to learn material and practice his skills so he can coach others on things they need to know, like “Let’s Speak Up!” and “Let’s Get to Work!”.



Sam says he really likes working for SAU1 because it’s a good job that allows him to help other people stand up and advocate for themselves. He likes to travel as a coach to tell others his story and listen to their stories. It’s important to Sam that he makes a difference by coaching and it gets others to stand up for themselves because he stands up for himself by example.

The Self Advocacy Power Network for All (SAPNA) is funded and approved by the PA Office of Developmental Programs (ODP) and managed by Self Advocates United as 1, Inc. Email info@SAU1.org.

When we learn new things, we are powerful!